

USER GUIDE PORTABLE HYDROGEN POT

BiOLUX
Restore Health Naturally



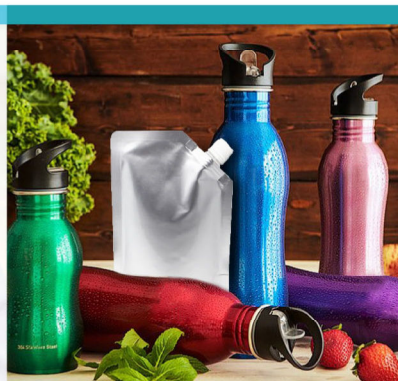
Smart Chip System Iconic Press Buttons

-  — To Start
-  — To Heat
-  — For Hydrogen Gas
-  — For Hydrogen Water

- 1** Drink at least 1.5 litres of Hydrogen Rich Water a day.
- 2** Hydrogen Gas will easily escape if it's left exposed in the air. To enjoy the maximum therapeutic result, consume within 30 minutes after being dispensed out.
- 3** Avoid boiling Hydrogen Water as Hydrogen Gas will easily escape.



Start by drinking 600ml of Hydrogen Rich Water and increase to 1.5 litres gradually.



Store Hydrogen Rich Water in a sealed air tight aluminium / stainless tumblers or glass bottles. Ensure no air gap and fill up to the brim.



To rejuvenate your skin, soak a dry sheet mask with Hydrogen Rich Water and apply on your face.



Inhale Hydrogen gas once a day, 1 hour per session. Try to reduce the inhalation time if there is any sign of discomfort.

** You may increase the inhalation time according to your needs.*



For hygiene purposes, sharing of nasal cannula is not advisable.

After completed, kindly use Ozone Water to rinse the nasal prongs.

Reference links:

<http://www.molecularhydrogeninstitute.com/human-studies>
<https://www.ncbi.nlm.nih.gov/pubmed/23852510>

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pH NEUTRAL HYDROGEN
RICH WATER GENERATOR